

# **IS FLEXIBLE TENNIS ON YOUR WISH LIST?**

## **GET INVOLVED IN A USTA FLEX LEAGUE**

### **1. You do NOT have to commit to “a Team”**

If you are playing doubles, it is **just you and your partner**. If you are playing singles it is just **you**. Your partner does not have to be a Cross Gates member.

### **2. You do NOT have to commit to playing on a specific day and time every week.**

Match play is arranged by **you** and **your opponent** based on your availability. You can play day or night or any place to which you and your opponent(s) agree for each match.

### **3. Flex League play does NOT affect your NTRP rating.**

Match scores and outcomes are not listed on the players record in Tennislink and are not used to determine year-end ratings. However, players are not allowed to play below their NTRP when joining a Flex League.

### **4. Players may play in more than one NTRP level.**

If you are a 3.0 and would like to try to play “UP” with 3.5 players, you may play in both 3.0 and 3.5 leagues.

### **5. There are both Senior and Day/Night specific leagues and separate Men’s and Women’s leagues. You can create a league that caters to a specific group of players**

For instance, your league could be: **Womens SR 50+ 3.5 Day Doubles**. Then, all the doubles teams in your league would have to be over 50, and willing to play during the day at the 3.5 level.

### **6. There are playoffs and a championship where there are more than one “flight” in a category, but all matches including the “championship” are played at your or your opponent’s home court, or anywhere you and your opponent choose. There is not traveling out of town.**

### **7. USTA gives “prizes” to Flight Winners and Local Champions.**

### **8. A USTA Flex League T-Shirt is included in the price of registration fee - \$25.00 if you already have a USTA membership, and \$35.00 if you don’t.**

### **9. For more info on the Flex Leagues and how to register, contact the Flex League Coordinator, BERYL SMALL at [Bsmall@cts2.com](mailto:Bsmall@cts2.com) or 985-781-5506**